

# ELAINE PASQUA

## *Advocate for Responsible Choices*

Professional athletes enter a world where there is an abundance of money, attention, and temptation. How well do we prepare them to handle the intense pressure of constant media scrutiny? Athletes have a reputation of working hard and playing hard. Unfortunately, many get caught up in the moment as they engage in high-risk behaviors, losing sight of where the fun ends and the trouble begins. As a result many stellar careers and hard-earned reputations have been sidelined by one inconsequential decision.

Elaine Pasqua understands the issues confronting athletes. Since 1997 she has presented programs to over one hundred thousand collegiate athletes. This has led her to provide player development training for numerous professional athletic leagues and individual teams.

Her open and nonjudgmental demeanor enables her to facilitate honest and intimate conversations with athletes and player development staff, providing her with an insight of the challenges both face. She is known for her interactive exercises, knowledge of current facts, and relevant stories. Numerous athletes stated that her training sessions provided a wakeup call that they did not gain from other program facilitators.

Elaine motivates athletes to reflect on the consequences of the choices they are making while they are in the moment. Will it take them down a path of regret? Will it alter their hard-earned reputation? She provides them with the skills to quickly shift gears to avoid a life-altering mistake.

Athletes are held to a different standard. As role models for our youth, their personal conduct is heavily scrutinized. It is essential to offer player development programs to foster the understanding that proper conduct off the field is equally as important as conduct within the competitive environment. This preventive investment can save your organization from negative publicity, embarrassment, and loss of revenue.

---

**Training sessions are customized for each organization that Elaine works with.**

### **Topics offered include:**

Legacy and hard-earned reputation  
High-Risk Drinking  
Sexual Health & Responsibility  
Sexual Assault  
Date Rape Drugs  
Domestic Violence  
Sexual Harassment  
Marijuana and other illegal drugs  
Prescription Drug Abuse



*“Two years in a row the rookies felt that this was one of their best presentations. Her warmth, knowledge and enthusiasm are a rare gift.”*

Charles Way  
Director of Player Development, NY Giants

*“Thanks a lot for the knowledge. Sometimes we all need to hear this information over and over till it sticks.”*

NBA Developmental League Player

---

### **Professional Clients Include:**

National Basketball Association D League  
National Football League  
New York Giants  
New York Jets  
Baltimore Ravens  
Philadelphia Phillies

---

### **450 College Athletic Programs:**

University of Southern California  
Villanova University  
Penn State University  
University of Nebraska  
University of Florida  
University of Illinois  
University of Delaware  
St. John’s University  
Notre Dame  
Clemson University  
Wake Forest University